

# 10

# CRITICAL SKILLS

## FOR SITUATIONAL SUCCESS



**PARATUSGROUP**  
PREPARE TO SURVIVE



## SKILLED FOR SUCCESS

Developing your 10 critical skills is an imperative part of training for your success in learning and practicing situational awareness. Without the development of situational awareness habits, behaviors and mindset, you will not be able to prevent dangerous situations from happening, and may indeed find yourself in situations you are not trained or prepared to respond to.



### SELF AWARENESS

There are three key components of self awareness to master:

- 1- Be aware of your surroundings using your process
- 2- Know what you are capable of doing
- 3- Understand that your words and actions have consequences

### PERCEPTIVE

Perceptive is your ability to “see” what is going on around you. The Paratus Group believes this is the number one skill you need to master.

### PERSPECTIVE

To know, practice, and understand that your perspective and opinion, will most likely be different that someone else sees or thinks is extremely important.

### LISTENING

People today “listen to respond”, a crucial skill to situational awareness to active listen or “listen to learn.” Ask clarifying questions and repeat back what they tell you. You also need to use your “perspective” skills while actively listening. Read what their face and body language are telling you as you actively listen.

### CRITICALLY THINK

Asking questions, planning and understanding perspectives are key parts of critically thinking. In addition, you will think critically when you assess and predict. This means that as you develop and practice your process, you will improve your ability to thinking critically.



## **LEARNING AGILITY**

As you learn and practice your process, predicting what you would do, you will constantly be “learning” new potential solutions, improving on your plans and actions. In addition, when you have an event, do a “hotwash” of what happened, you will identify how you could have “done that better”. That gets added to your library. Constant learning is the key.

## **DECISIVENESS**

You need to be able to make a decision in a very short amount of time, and then act. This is where many people fail. Learning and practicing your process will prepare you to be able to make decisions (you will have already thought about what to do), and give you the ability to act).

## **COMMUNICATION**

Being able to communicate to others effectively is extremely important. You can't do this if you don't think about it and practice it. Make it part of your process.

## **EMPATHY**

You will not be in the position to help others if you do not have empathy.

## **HUMILITY**

You need to be willing to walk away. You need to understand what you are capable of doing, and be ok with that. You need to understand that you are not always right. You need to understand and practice that you often learn more from others than you learn from yourself.

Constantly learning!

Learn more about Paratus Group programs, processes and how to enroll by visiting: [www.paratus.group](http://www.paratus.group).