Jeff Steckler – Bio 2023

Jeff Steckler has been the owner of California Rehabilitation since 2004. His career in occupational therapy started in 1986, when he joined the US Army and received training, first as a field combat medic, and then as an occupational therapy specialist.

While in the Army, Jeff excelled in both patient treatment and leadership skills. He was quickly promoted and after two years, was promoted to the NCOIC, an occupational therapy clinic located in Silas B Hayes Community Hospital at Fort Ord, California.

Jeff went on to earn his Master of Science from the University of Louisiana, and later, his occupational therapy doctorate from Baylor University. During his time at Baylor, Jeff completed a capstone titled "Occupational Therapy's Role in Restoration of Human Trafficking Survivors." Through this experience and a passion to end human trafficking, Jeff has been active, providing education and training to medical professionals, community members, students, government officials and international policy makers/influencers. In addition, he serves as an adjunct faculty for Baylor University.

These areas of influence have led him to having the privilege of serving the community through his company by providing sideline and courtside injury prevention and intervention for the public school district. This has opened the door to significant relationships with coaches, education leadership, parents, and students.

Jeff has been married to Melissa since 1987. They have four adult children and two beautiful grandchildren. He can be found on the sidelines of our local high school football field, baseball/softball diamonds, basketball court or soccer field, working with athletes to keep them in the game. He enjoys spending time with his family, physical training, teaching, reading, serving at his church, and taking an occasional motorcycle ride.