

Nicole Sdao – Bio 2023

Nicole grew up in a small-town Osseo, Wisconsin and went on to get her bacteriology degree from the University of Wisconsin-Madison where she did oncology research and became a published co-author while at UW-Madison. Later, she changed her focus to become a Chiropractic physician.

She met her husband while at Chiropractic school in the Chicagoland area. They started their practice in Freeport, Illinois. The family grew with the addition of three children.

The leadership positions grew as well in many nonprofits. She felt a calling to help increase altruism and general kindness in society; through which Altruize was born. She is also a Championship bodybuilder. Nicole is heard often saying “God doesn’t read resumes, He writes them.” And has come to appreciate how her favorite quote by Erma Bombeck - “When I stand before God at the end of my life, I would hope that I would not have a single bit of talent left, and could say, 'I used everything you gave me. “